PSHE and RHE Whole school long term plan 2024/2025

Green = Ten:Ten Life to The Full Lesson Red = Possible additional teaching and learning that may take place for topics/ special days Purple – Wider RE links Grey- Links to Catholic Social Teaching. Yellow highlight- safeguarding curriculum Red highlight additional learning opportunities - assess needs of the cohort

Green highlighted Life to the full key decisions KAPOW lesson on Protected Characteristics Black- additional learning that may take place

| Year Group | Autumn Term 2 Democracy | Spring Term 1 Rule of Law | Spring Term 2 Individual Liberty | Summer Term 1 Respect and Tolerance | Summer Term 2 All British Values |
|------------|---|---|---|--|---|
| Nursery | EYFS – Module 1 – Unit 1 Handmade with love (story module 5 x 10 minutes) CST- dignity of the human person, rights and responsibilities, solidarity and the common good option for the poor and vulnerable- Advent Charity focus Additional learning on holiday safety- stranger danger, water safety | EYFS- Module 2- Unit 1- Role Model CST- rights and responsibilities dignity of work, option for the poor and vulnerable, solidarity and the common good-Lent charity focus | EYFS – Module 2 – Unit 2 - Who's Who? You've Got A Friend in Me Forever Friends CST- call to family and community Additional learning on holiday safety-stranger danger, water safety | EYFS- Module 2 unit 3- What is the Internet? Playing Online 20 minutes EYFS, Module 2, Unit 4 Session Safe Inside and Out My Body, My Rules - PANTS – Privates are Private EYFS – Module 2 unit 4 Session 3: Feeling Poorly Session 4: People Who Help Us CST- dignity of the human person, dignity of work, call to family and community, | EYFS – Module 3 – Unit 1 - God is love. EYFS – Module 3 – Unit 1 - Loving God, Loving Others. EYFS – Module 3 – Unit 2 - Me, You, Us. Getting ready for change Transitions Additional learning on summer holiday safety-sun, stranger danger, water safety CST- call to family and community solidarity and the common good |

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| Year 3 | BV: Democracy | BV: Rule of Law | BV: Individual Liberty | BV: Tolerance and Respect | BV: Revise all BVs |
|--------|--|--|---|---|---|
| | LKS2- Module 1 – unit 1 Get up (story module 5 x 10mins across the half term) The Sacraments LKS2- Module 2 – unit 1 – Jesus my friend. CST- dignity of the human person, rights and responsibilities, solidarity and the common good | LKS2- Module 2 unit 2 – Friends, family and others LKS2- Module 2 unit 2- When things feel bad. LKS2- Module 2, unit 3- Sharing online Chatting online Protected characteristics introduction Protected characteristics focus: AGE- Kapow PSHE Lower KS2 unit - Y3- Family and Relationships- Lesson 8- Age Stereotypes CST- dignity of the human person, rights and responsibilities, call to family and community, solidarity and the common good, option for the poor and vulnerable- Lent charity | AS2 - Module 2 - Unit 3 - Sate in my body YES BUT NO TO FGM LKS2-Module 2 - Unit 3 - Drugs, Alcohol and tobacco EC/ votes for schools Resources- Vaping /playground trends- depending on needs/ maturity of cohort LKS2 - Module 2 - Unit 3 First Aid Heroes Rights and Responsibilities + classroom shorts CST- dignity of the human person, rights and responsibilities, solidarity and the common good, dignity of work | LKS2- Module 3 unit 1- A community of love LKS2- Module 3 – unit 1 – What is the church? Protected Characteristics recap CST- rights and responsibilities, solidarity and the common good, care for our common home, call to family and community | LKS2- Module 3- unit 2- How do I love others? Working together + classroom shorts CST- dignity of the human person, rights and responsibilities, solidarity and the common good |

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| | c Social Teaching. Yellow highlight-sa to the full key decisions KAPOW less | | | | |
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| | | | | | |
| Year 4 | BV: Democracy LKS2- Module 1 – unit 1 Ge up (story module 5 x 10mins across the half term) LKS2- Module 2, unit 3-Sharing online Chatting online Revision from Y3 CST- dignity of the human person, rights and responsibilities, solidarity and the common good, option for the poor and vulnerable- Advent charity focus | Module 1 – unit 2 – We don't have to be the same LKS2 - Module 1 -Unit 2 – Respecting our bodies. Module 1 – Unit 2 — What s puberry? YES Module 1 – Unit 2 Changing bodies YES CST- dignity of the human person, rights and responsibilities, solidarity and the | BV: Individual Liberty LKS2- Module 1 unit 3 – What am I feeling? LKS2 Module 1- unit 3- What am I looking at?- protected characteristics- gender stereotypes. LKS2 - Module 1 - Unit 3- I am thankful. EC/ votes for schools Resources- Vaping /playground trends- depending on needs/ maturity of cohort CST- dignity of the human person, rights and responsibilities, solidarity and the common good, call to family and community, dignity of work | BV: Tolerance and Respect LKS2-Module 1- unit 4- Life Cycles - NO- not reaching this LKS2-Module 2 - Unit 3 Safe in my body VFS BLIT NO TO FGM LKS2-Module 2 - Unit 3 - Drugs, Alcohol and tobacco Y3 REVISION A time for everything Big changes, little changes + classroom shorts Protected Characteristics introduction Protected characteristic focus: DISABILITY- Kapow PSHE Lower KS2 unit- Y4- Family and Relationships- Lesson 6- Stereotypes- Disability | BV: Revise all BVs LKS2- Module 3 unit 1- acommunity of love LKS2- Module 3 – unit 1 What is the church? (both sessions revision from year 3) LKS2: Module 3- unit 2- How do I love others? Money Matters + classroom shorts CST- dignity of the human person, solidarity and the common good, care fo our common home |
| | | | | CST- dignity of the human person, rights and responsibilities, | |

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| | Social Teaching. Yellow highlight- saf | | | | |
|--------------------------|--|--|--|---|--|
| Green highlighted Life t | to the full key decisions KAPOW lesso | | | vulnerable, call to family and community | |
| Year 6 | UKS2- Module 1 – unit 1 – Calming the storm (story module 3 x 15mins across the half term) Module 1 – unit 2 – Gifts and talents UKS2 - Module 1 -Unit 2 – Girls Bodies - Boys Bodies - Boys Bodies - Spots and sleep. UKS2- Module 2- unit 3-Sharing isn't always caring Cyberbullying Y5 revision CST- dignity of the human person, rights and responsibilities, solidarity and the common good, option for the poor and vulnerable- Advent charity focus | UKS2- Module 1 – unit 3-Body Image Peculiar Feelings Emotional Changes Seeing stuff online VES Revision Y5. UKS2 Module 2 -Unit 4 – Types of abuse YES BUT NO TO FGM Protected characteristics introduction CST- dignity of the human person, rights and responsibilities, solidarity and the common good | BV: Individual Liberty UKS2- Module 1 - Unit 4 - Making Babies- part 1 only - Menstruation - Hope beyond death - Coping with change + classroom shorts CST- dignity of the human person, rights and responsibilities, stewardship of God's creation. | BV: Tolerance and Respect UKS2- Module 2 Unit 2 Build others up (protected characteristics) YES BUI NO/ BE CAUTIOUS WITH GENDER IDENTITY??? SEXUAL ORIENTATION??? UK2 - Module 3 - Unit 1 - The Trinity- Revision Year 5 UK2 - Module 3 - Unit 1 - Catholic Social Teaching Year 5 revision EC Resources- Vaping PSHE 2020 Gangs workbook depending on needs of the cohort EC resources (adapted for age/ stage) Gangs- County Lines | BV: Revise all BVs UKS2- Module 3- unit 2- Reaching out Y5 revision UKS2- Module 3- Unit 2- Money and me + classroom shorts Knife crime awareness- depending on needs of cohort CST- dignity of the human person, rights and responsibilities, care for our common home, call to family and community, dignity of work |

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| Green highlighted Life to the full k | cey decisions KAPOW lesso | on on Protected Character | istics Black- additional lea | arning that may take place | 9 |
| | | | | CST- dignity of the human person, rights and responsibilities, call to family and community | |
| special days / season al learning opportu nties and wider religion links | Outdoor learning day- 7 th November Remembrance 11 th Nov Kindness Day 13 th Nov Anti-Bullying Week 11 th -15 th Nov- Theme for 2024 is Choose Respect UK Parliament week 18th-24th Nov Road Safety Week 17 th -24 th Nov No pens day- focus on oracy- 27 th November Save the Children Christmas Jumper Day 12 th December Winter safety- cold weather, water safety (dangers of playing on icy ponds etc) | Energy Saving Week 17 th -23 rd Jan Holocaust Memorial Day 27 th Jan Chinese New Year 29th Jan Children's Mental Health Week 3 rd Feb- 9 th Feb Internet safety day 11 th Feb | World wildlife day 3 rd Mar World Book Day- 6 th Mar International Women's Day- 8 th Mar Neurodiversity celebration week- 18 th Mar- 24 th Mar International Day of Happiness- 20 th Mar World water day 22 nd Mar Mother's Day – 30th Mar World Health Day- 7 th Apri Additional learning on holiday safety- stranger danger, water safety Lent – Wed, 5 Mar 2025 – Thu, 17 Apr 2025 Charity Purim- 13 th -14 th March | Earth Day 22 nd April National Walking Month- 1st-31st May Local and Community History Month- 1st-31st May Sun awareness week- 3rd- 9th May Mental Health Awareness Week: 12-18 May Endangered Species Day- 17th May Outdoor learning day II- 23rd May Vaisakhi- 14th April Vesak- 12th May | Environment Day- 5 th June Ocean Day- 8 th June Healthy Eating Week- 9 th 13 th June My Money Week — 9 th - 13 th June Father's Day 15 th June National School Sports Week 17 th -23 rd June World Refugee Week 16 th -22 nd June World Refugee Day- 20 th June Summer safety- sun safety, beach safety, water safety, stranger danger, peer pressure Sahvuot 1 st -3 rd June Eid-al-adha- Evening of Fri, 6 Jun 2025 — Tue, 10 Jun 2025 (predicted) |

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| | financial education- needs and wants, budgeting around Christmas time UK Inter Faith Week- 10 th - 17 th Nov Advent- Charity- Good Shepherd | | Ramadan- Evening of Fri, 28 Feb 2025 – Sun, 30 Mar 2025(predicted) Eid al fitr- Sun 30 th March evening (predicted) Holi- 14 th March Passover- 12 th -20 th April Holy Week Sun, 13 Apr 2025 – Sat, 19 Apr 2025 | | | | |