

Holy Trinity Catholic Primary School
Physical Education - Whole School overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
YN	Body awareness <i>Look what my body can do!</i>	Body awareness <i>Look what my body can do!</i>	Gymnastics <i>Brilliant balancing</i>	Gymnastics <i>Brilliant Balancing</i>	Outdoor activities <i>Bouncy Balls</i>	Team Games <i>Amazing athletics</i>
YR	Dance: Nursery Rhymes	Gymnastics	Gymnastics	Dance	Ball Skills	Athletics
Y1	Gymnastics Games	Gymnastics Games	Dance Invasion games	Dance Invasion games	Striking and fielding games Athletics	Athletics Outdoor and adventurous activities
Y2	Gymnastics Games	Gymnastics Games	Dance Nat/wall games	Dance Net/wall games	Striking and fielding games Outdoor and adventurous activities	Athletics Outdoor and adventurous activities
Y3	Gymnastics Invasion games	Gymnastics Invasion games	Dance Striking and fielding games	Dance Athletics	Net/wall games – Badminton Outdoor and adventurous activities	Athletics Outdoor and adventurous activities
Y4	Dance Invasion games	Dance Invasion games	Gymnastics Net/wall games	Gymnastics Net/wall games	Striking and fielding games Athletics	Athletics Outdoor and adventurous activities
Y5	Swimming Invasion games	Swimming Invasion games	Swimming Striking and fielding games - Rounders	Swimming Outdoor and adventurous activities	Swimming/Dance Net/wall games Badminton	Gymnastics Athletics
Y6	Gymnastics Invasion games	Gymnastics Striking and fielding games	Dance Striking and fielding games	Dance Net/wall games	Net/wall games Outdoor and adventurous activities	Swimming Athletics