

Holy Trinity Catholic Primary School

PSHE and RHE Whole school long term plan 2024/2025

Green = Ten:Ten Life to The Full Lesson Red = Possible additional teaching and learning that may take place for topics/ special days Purple – Wider RE links
 Grey- Links to Catholic Social Teaching. Yellow highlight- safeguarding curriculum Red highlight additional learning opportunities - assess needs of the cohort
 Green highlighted Life to the full key decisions KAPOW lesson on Protected Characteristics Black- additional learning that may take place

Year Group		Autumn Term 2 Democracy	Spring Term 1 Rule of Law	Spring Term 2 Individual Liberty	Summer Term 1 Respect and Tolerance	Summer Term 2 All British Values
Nursery		<p>EYFS – Module 1 – Unit 1 Handmade with love (story module 5 x 10 minutes)</p> <p>CST- dignity of the human person, rights and responsibilities, solidarity and the common good option for the poor and vulnerable- Advent Charity focus</p> <p>Additional learning on holiday safety- stranger danger, water safety</p>	<p>EYFS- Module 2- Unit 1- Role Model</p> <p>CST- rights and responsibilities dignity of work, option for the poor and vulnerable, solidarity and the common good- Lent charity focus</p>	<p>EYFS – Module 2 – Unit 2 - Who's Who?</p> <p>You've Got A Friend in Me</p> <p>Forever Friends</p> <p>CST- call to family and community</p> <p>Additional learning on holiday safety- stranger danger, water safety</p>	<p>EYFS- Module 2 unit 3- What is the Internet? Playing Online 20 minutes</p> <p>EYFS, Module 2, Unit 4 Session Safe Inside and Out My Body, My Rules - PANTS – Privates are Private</p> <p>EYFS – Module 2 unit 4 Session 3: Feeling Poorly</p> <p>Session 4: People Who Help Us</p> <p>CST- dignity of the human person, dignity of work, call to family and community,</p>	<p>EYFS – Module 3 – Unit 1 - God is love. EYFS – Module 3 – Unit 1 – Loving God, Loving Others. EYFS – Module 3 – Unit 2 – Me, You, Us.</p> <p>Getting ready for change</p> <p>Transitions</p> <p>Additional learning on summer holiday safety- sun, stranger danger, water safety</p> <p>CST- call to family and community solidarity and the common good</p>

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Reception		<p>BV: Democracy</p> <p>EYFS – Module 1 – Unit 1 Handmade with love (story module 5 x 15 minutes)</p> <p>CST- dignity of the human person, solidarity and the common good, option for the poor and vulnerable- Advent charity focus</p> <p>Additional learning on holiday safety- stranger danger, water safety</p>	<p>BV: Rule of Law</p> <p>EYFS – Module 1 – Unit 2 – I am me. EYFS – Module 1 – Unit 2 – Heads, shoulders, knees and toes (brief opportunity to discuss that privates are private) EYFS – Module 1 – Unit 2 – Ready Teddy?</p> <p>CST- solidarity and the common good, call to family and community, dignity of work, option for the poor and vulnerable- Lent charity focus</p>	<p>BV: Individual Liberty</p> <p>EYFS – Module 1 – Unit 3 – I like, You like, We all like! EYFS – Module 1 – Unit 3 – All the feelings EYFS – Module 1 – Unit 3 – Let's get real</p> <p>CST- solidarity and the common good, call to family and community, dignity of work</p> <p>Additional learning on holiday safety- stranger danger, water safety</p>	<p>BV: Mutual Respect and Tolerance</p> <p>EYFS – Module 1 – Unit 4 – Growing up. EYFS- Module 1 unit 4- New people, new places + classroom shorts EYFS – Module 3 – Unit 1 - God is love. EYFS – Module 3 – Unit 1 – Loving God, Loving Others.</p> <p>CST- dignity of the human person</p>	<p>BV: Revision of all</p> <p>EYFS – Module 3 – Unit 2 – Me, You, Us. EYFS Module 3, unit 2- When I grow up + classroom shorts EYFS Module 3, unit 2 – Money doesn't grow on trees.</p> <p>EYFS- Module 2 unit 3- What is the Internet? Playing Online 20 minutes</p> <p>EYFS, Module 2, Unit 4 Session Safe Inside and Out My Body, My Rules - PANTS- Privates are Private</p> <p>Getting ready for change</p> <p>Transitions</p> <p>Additional learning on summer holiday safety- sun, stranger danger, water safety</p> <p>CST- dignity of the human person, rights and responsibilities</p>
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Year 1		<p>BV: Democracy</p> <p>KS1- Module 1 – unit 1 Let the children come (story module 5 x 10mins across the half term) Module 2 – unit 1 – God loves you.</p> <p>CST- dignity of the human person, solidarity and the common good, dignity of work</p>	<p>BV: Rule of Law</p> <p>Module 2 unit 2 – Special people KS1 - Module 2 unit 2 – Treat others well... Module 2 - Unit 2 ...And Say sorry.</p> <p>Protected characteristic focus SEX- gender stereotypes- boys are strong, girls are pretty etc. Kapow PSHE unit Y1- Family and Relationships lesson 7- gender stereotypes</p> <p>CST- dignity of the human person, solidarity and the common good, rights and responsibilities, option for the poor and vulnerable- Advent charity focus</p>	<p>BV: Individual Liberty</p> <p>KS1- Module 2- unit 3- Good and Bad Secrets Physical Contact YES BUT NO TO DISCUSSING FGM Harmful Substances Can you help me? Part 1 Can you help me? Part 2</p> <p>CST- dignity of the human person, rights and responsibilities, call to family and community, care for our common home</p>	<p>BV: Tolerance and Respect</p> <p>KS1 - Module 3 -Unit 1 – Three in one Module 3 - Unit 1 – Who is my neighbour?</p> <p>CST- dignity of the human person, rights and responsibilities, call to family and community</p>	<p>BV: Revise all BVs</p> <p>KS1- Module 3 unit 2- The Communities we live in Who will I be? + classroom shorts</p> <p>CST- dignity of the human person, rights and responsibilities, care for our common home, dignity of work, call to family and community.</p>
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Year 2		<p>BV: Democracy</p> <p>KS1- Module 1 – unit 1 Let the children come (story module 5 x 10mins across the half term)</p> <p>CST- dignity of the human person, rights and responsibilities, solidarity and the common good , option for the poor and vulnerable- Advent Charity focus</p>	<p>BV: Rule of Law</p> <p>KS1- Module 1 – unit 2 – I am unique KS1 Module 1- unit 2- Girls and Boys- Yes to scientific names of genitalia KS1 – Module 1 – Unit 2 – Clean and Healthy (My Body)</p> <p>Protected characteristic focus: SEX-gender stereotypes- careers and jobs- Kapow PSHE unit Y2- Families and relationships- lesson 7- Gender stereotypes: careers and jobs</p> <p>CST- dignity of the human person, rights and responsibilities</p>	<p>BV: Individual Liberty</p> <p>KS1 - Module 1 - Unit 3- Feelings: likes and dislikes. Module 1 unit 3 – feeling inside out. Module 1 – unit 3 – Super Susie gets angry.</p> <p>Revision Y1: Good and Bad Secrets Physical Contact YES BUT NO TO DISCUSSING FGM Harmful substances</p> <p>CST- dignity of the human person, rights and responsibilities, solidarity and the common good, care for our common home, call to family and community, dignity of work</p>	<p>BV: Tolerance and Respect</p> <p>KS1 Module 1- unit 4- The cycle of life Beginnings and Ending Change is all around +classroom shorts</p> <p>KS1- Module 2- unit 3- Real life online Rules to help us</p> <p>CST- dignity of the human person, rights and responsibilities,</p>	<p>BV: Revise all BVs</p> <p>KS1 - Module 3 -Unit 1 – Three in one Module 3 - Unit 1 – Who is my neighbour? KS1- Module 3- unit 2- The Communities we live in Needs and Wants + classroom shorts</p> <p>CST- dignity of the human person, rights and responsibilities, solidarity and the common good, call to family and community, dignity of work</p>
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Year 3		<p>BV: Democracy</p> <p>LKS2- Module 1 – unit 1 Get up (story module 5 x 10mins across the half term) The Sacraments LKS2- Module 2 – unit 1 – Jesus my friend.</p> <p>CST- dignity of the human person, rights and responsibilities, solidarity and the common good</p>	<p>BV: Rule of Law</p> <p>LKS2- Module 2 unit 2 – Friends, family and others LKS2- Module 2 unit 2- When things feel bad.</p> <p>LKS2- Module 2, unit 3- Sharing online Chatting online</p> <p>Protected characteristics introduction</p> <p>Protected characteristics focus: AGE- Kapow PSHE Lower KS2 unit - Y3- Family and Relationships- Lesson 8- Age Stereotypes</p> <p>CST- dignity of the human person, rights and responsibilities, call to family and community, solidarity and the common good, option for the poor and vulnerable- Lent charity focus.</p>	<p>BV: Individual Liberty</p> <p>LKS2- Module 2 - Unit 3 Safe in my body YES BU NO TO FGM LKS2-Module 2 - Unit 3 - Drugs, Alcohol and tobacco EC/ votes for schools Resources- Vaping /playground trends- depending on needs/ maturity of cohort</p> <p>LKS2 –Module 2 – Unit 3 First Aid Heroes</p> <p>Rights and Responsibilities + classroom shorts</p> <p>CST- dignity of the human person, rights and responsibilities, solidarity and the common good, dignity of work</p>	<p>BV: Tolerance and Respect</p> <p>LKS2- Module 3 unit 1- A community of love LKS2- Module 3 – unit 1 – What is the church?</p> <p>Protected Characteristics recap</p> <p>CST- rights and responsibilities, solidarity and the common good, care for our common home, call to family and community</p>	<p>BV: Revise all BVs</p> <p>LKS2- Module 3- unit 2- How do I love others? Working together + classroom shorts</p> <p>CST- dignity of the human person, rights and responsibilities, solidarity and the common good</p>
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Year 4		<p>BV: Democracy</p> <p>LKS2- Module 1 – unit 1 Get up (story module 5 x 10mins across the half term)</p> <p>LKS2- Module 2, unit 3- Sharing online Chatting online Revision from Y3</p> <p>CST- dignity of the human person, rights and responsibilities, solidarity and the common good, option for the poor and vulnerable- Advent charity focus</p>	<p>BV: Rule of Law</p> <p>LKS2- Module 1 – unit 2 – We don't have to be the same LKS2 - Module 1 -Unit 2 – Respecting our bodies. Module 1 – Unit 2 – What is puberty? YES Module 1 – Unit 2 – Changing bodies YES</p> <p>CST- dignity of the human person, rights and responsibilities, solidarity and the common good,</p>	<p>BV: Individual Liberty</p> <p>LKS2- Module 1 unit 3 – What am I feeling? LKS2 Module 1- unit 3- What am I looking at?- protected characteristics- gender stereotypes. LKS2 - Module 1 - Unit 3- I am thankful.</p> <p>EC/ votes for schools Resources- Vaping /playground trends- depending on needs/ maturity of cohort</p> <p>CST- dignity of the human person, rights and responsibilities, solidarity and the common good, call to family and community, dignity of work</p>	<p>BV: Tolerance and Respect</p> <p>LKS2- Module 1- unit 4- Life Cycles – NO- not teaching this</p> <p>LKS2 - Module 2 - Unit 3 - Safe in my body YES BUT NO TO FGM LKS2-Module 2 - Unit 3 - Drugs, Alcohol and tobacco Y3 REVISION</p> <p>A time for everything Big changes, little changes + classroom shorts</p> <p>Protected Characteristics introduction</p> <p>Protected characteristic focus: DISABILITY- Kapow PSHE Lower KS2 unit- Y4- Family and Relationships- Lesson 6- Stereotypes- Disability</p> <p>CST- dignity of the human person, rights and responsibilities,</p>	<p>BV: Revise all BVs</p> <p>LKS2- Module 3 unit 1- A community of love LKS2- Module 3 – unit 1 – What is the church? (both sessions revision from year 3) LKS2: Module 3- unit 2- How do I love others? Money Matters + classroom shorts CST- dignity of the human person, solidarity and the common good, care for our common home</p>

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Year 5		<p>BV: Democracy</p> <p>UKS2- Module 1 – unit 1 Calming the storm (story module 3 x 15mins across the half term) Module 2 – unit 1 – God is calling you.</p> <p>CST- dignity of the human person, rights and responsibilities, dignity of work solidarity and the common good</p>	<p>BV: Rule of Law</p> <p>UKS2 - Module 2 - Unit 2- Under pressure. Module 2 – unit 2 – Do you want a piece of cake? Module 2 unit 2 – Self talk</p> <p>UKS2- Module 2- unit 3- Sharing isn't always caring cyberbullying</p> <p>CST- dignity of the human person, rights and responsibilities, solidarity and the common good, option for the poor and vulnerable- Lent charity focus</p>	<p>BV: Individual Liberty</p> <p>UKS2 - Module 2 - Unit 4 Types of abuse- + classroom shorts YES BUT NO TO EGM</p> <p>UKS2 – Unit 2 – Module 3 – Impacted lifestyles UKS2 - Unit 2 - Module 3 - Making good choices UKS2 – Unit 2 – Module 3 – Giving Assistance</p> <p>Protected characteristics introduction</p> <p>Protected characteristic focus: RACE AND RELIGION - Kapow PSHE upper KS2 unit- Year 5- Families and relationships- lesson 8- stereotypes: race and religion</p> <p>CST- dignity of the human person, rights and responsibilities, solidarity and the common good</p>	<p>BV: Tolerance and Respect</p> <p>UKS2- Module 3 – unit 1 – The Trinity Catholic Social Teaching</p> <p>EC Resources- Vaping depending on needs and maturity of cohort</p> <p>Protected Characteristics recap</p> <p>PSHE 2020 Gangs workbook depending on needs of the cohort</p> <p>EC resources (adapted for age/ stage) Gangs- County Lines</p> <p>CST- dignity of the human person, rights and responsibilities, solidarity and the common good, option for the poor and</p>	<p>BV: Revise all BVs</p> <p>UKS2- Module 3- unit 2- Reaching out UKS2- Module 3- unit 2- The world of work + classroom shorts</p> <p>LKS2 - Module 1 -Unit 2 – Respecting our bodies. Module 1 – Unit 2 – What is puberty? Module 1 – Unit 2 Changing bodies. Revision from Year 4</p> <p>Knife crime awareness- depending on needs of cohort</p> <p>CST- dignity of the human person, rights and responsibilities, solidarity and the common good, the call to family and community, the dignity of work</p>

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					vulnerable, call to family and community	
Year 6		<p>BV: Democracy</p> <p>UKS2- Module 1 – unit 1 – Calming the storm (story module 3 x 15mins across the half term) Module 1 – unit 2 – Gifts and talents</p> <p>UKS2 - Module 1 -Unit 2 – Girls Bodies - Boys Bodies - Spots and sleep.</p> <p>UKS2- Module 2- unit 3- Sharing isn't always caring Cyberbullying Y5 revision</p> <p>CST- dignity of the human person, rights and responsibilities, solidarity and the common good, option for the poor and vulnerable- Advent charity focus</p>	<p>BV: Rule of Law</p> <p>UKS2- Module 1 – unit 3- Body Image Peculiar Feelings Emotional Changes Seeing stuff online YES</p> <p>Revision Y5 UKS2 Module 2 -Unit 4 – Types of abuse YES BUT NO TO FGM</p> <p>Protected characteristics introduction</p> <p>CST- dignity of the human person, rights and responsibilities, solidarity and the common good</p>	<p>BV: Individual Liberty</p> <p>UKS2- Module 1 - Unit 4 - Making Babies- part 1 only NO TO PAR</p> <p>- Menstruation</p> <p>- Hope beyond death</p> <p>- Coping with change + classroom shorts</p> <p>CST- dignity of the human person, rights and responsibilities, stewardship of God's creation.</p>	<p>BV: Tolerance and Respect</p> <p>UKS2- Module 2 Unit 2- Build others up (protected characteristics) YES BUT NO/ BE CAUTIOUS WITH GENDER IDENTITY??? SEXUAL ORIENTATION???</p> <p>UK2 - Module 3 - Unit 1 - The Trinity- Revision Year 5</p> <p>UK2 - Module 3 - Unit 1 - Catholic Social Teaching Year 5 revision</p> <p>EC Resources- Vaping</p> <p>PSHE 2020 Gangs workbook depending on needs of the cohort</p> <p>EC resources (adapted for age/ stage) Gangs- County Lines</p>	<p>BV: Revise all BVs</p> <p>UKS2- Module 3- unit 2- Reaching out Y5 revision</p> <p>UKS2- Module 3- Unit 2- Money and me + classroom shorts</p> <p>Knife crime awareness- depending on needs of cohort</p> <p>CST- dignity of the human person, rights and responsibilities, care for our common home, call to family and community, dignity of work</p>

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					CST- dignity of the human person, rights and responsibilities, call to family and community	
special days / seasonal learning opportunities and wider religion links		Outdoor learning day- 7 th November Remembrance 11 th Nov Kindness Day 13 th Nov Anti-Bullying Week 11 th -15 th Nov- Theme for 2024 is Choose Respect UK Parliament week 18 th -24 th Nov Road Safety Week 17 th -24 th Nov No pens day- focus on oracy- 27 th November Save the Children Christmas Jumper Day 12 th December Winter safety- cold weather, water safety (dangers of playing on icy ponds etc)	Energy Saving Week 17 th -23 rd Jan Holocaust Memorial Day 27 th Jan Chinese New Year 29 th Jan Children's Mental Health Week 3 rd Feb- 9 th Feb Internet safety day 11 th Feb	World wildlife day 3 rd Mar World Book Day- 6 th Mar International Women's Day- 8 th Mar Neurodiversity celebration week- 18 th Mar- 24 th Mar International Day of Happiness- 20 th Mar World water day 22 nd Mar Mother's Day – 30 th Mar World Health Day- 7 th April Additional learning on holiday safety- stranger danger, water safety Lent – Wed, 5 Mar 2025 – Thu, 17 Apr 2025 Charity Purim- 13 th -14 th March	Earth Day 22 nd April National Walking Month- 1 st -31 st May Local and Community History Month- 1 st -31 st May Sun awareness week- 3 rd -9 th May Mental Health Awareness Week: 12-18 May Endangered Species Day- 17 th May Outdoor learning day II- 23 rd May Vaisakhi- 14 th April Vesak- 12 th May	Environment Day- 5 th June Ocean Day- 8 th June Healthy Eating Week- 9 th -13 th June My Money Week – 9 th -13 th June Father's Day 15 th June National School Sports Week 17 th -23 rd June World Refugee Week 16 th -22 nd June World Refugee Day- 20 th June Summer safety- sun safety, beach safety, water safety, stranger danger, peer pressure Sahvuot 1 st -3 rd June Eid-al-adha- Evening of Fri, 6 Jun 2025 – Tue, 10 Jun 2025 (predicted)

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		<p>financial education- needs and wants, budgeting around Christmas time</p> <p>UK Inter Faith Week- 10th-17th Nov</p> <p>Advent- Charity- Good Shepherd</p>		<p>Ramadan- Evening of Fri, 28 Feb 2025 – Sun, 30 Mar 2025(predicted)</p> <p>Eid al fitr- Sun 30th March evening (predicted)</p> <p>Holi- 14th March</p> <p>Passover- 12th-20th April</p> <p>Holy Week Sun, 13 Apr 2025 – Sat, 19 Apr 2025</p>		
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